

'-ed' and '-ing' adjectives: describing feelings and things

'My holiday was relaxing. I felt really relaxed.'

Few, but common, adjectives end in either **-ed** or **-ing**:

worried/worrying, interested/interesting, excited/exciting

'-ed' adjectives

Adjectives that end in **-ed** are used to describe how people feel:

'He was **surprised** to find that he had been upgraded to first class.'

'I was **confused** by the findings of the report.'

'She felt **tired** after working hard all day.'

'-ing' adjectives

Adjectives that end in **-ing** are used to describe things and situations. Compare these example sentences to the ones above:

'Being upgraded to first class is **surprising**.'

The findings of this report are **confusing**.'

'Working hard all day is **tiring**.'

example table:

-ed and -ing adjectives tables	
Feel '-ed'	describe '-ing'
annoyed	annoying
bored	boring
Confused	Confusing
Challenged	challenging
depressed	depressing
excited	exciting
frustrated	frustrating
frightened	frightening
satisfied	satisfying
Shocked	Shocking
Scared	scary

Now complete the sentences below using the correct adjective:

- Dogs often feel ___ during fireworks.

- frightening
- frightened

- The CTA can be ___ the first time you use it.

- confused
- confusing

- Satoru was ___ to hear about the earthquake.

- shocked
- shocking

- I think that rainy days in winter are ___.

- depressing
- depressed

- She's ___ of doing the same thing every day.

- boring
- bored

- I was so _____ to go on vacation.

- exciting
- excited

- The meals at Cheesecake Factory are ___.

- satisfied
- satisfying

My first day Essay

I want you to describe your first day doing something challenging. You could write about your first day in the United States, your first day at school, your first day at university or high school or your first day at a new job.

How did you feel?

Where you excited, frightened or bored?

What was