**'-ed' and '-ing' adjectives: describing feelings and things**

Top of Form

'My holiday was relax**ing**. I felt really relax**ed**.'

Few, but common, adjectives end in either **-ed**or **-ing**:

worri**ed**/worry**ing**, interest**ed**/interest**ing**, excit**ed**/exciting

**'-ed' adjectives**

Adjectives that end in **-ed** are used to describe how people feel:
'He was **surprised** to find that he had been upgraded to first class.'
'I was **confused** by the findings of the report.'
'She felt **tired** after working hard all day.'

**'-ing' adjectives**

Adjectives that end in **-ing** are used to describe things and situations. Compare these example sentences to the ones above:
'Being upgraded to first class is **surprising**.'
The findings of this report are **confusing**.'
'Working hard all day is**tiring**.'

**example table:**

|  |
| --- |
| **-ed and -ing adjectives tables** |
| **Feel '-ed'** | **describe '-ing'** |
| annoyed | annoying |
| bored | boring |
| ConfusedChallenged | Confusingchallenging |
| depressed | depressing |
| excited | exciting |
| frustrated | frustrating |
| frightened | frightening |
| satisfied | satisfying |
| ShockedScared | Shockingscary |

**Now complete the sentences below using the correct adjective:**

* **Dogs often feel \_\_\_ during fireworks.**

frightening
frightened

* **The CTA can be \_\_\_ the first time you use it.**

confused
confusing

* **Satoru was \_\_\_ to hear about the earthquake.**

shocked
shocking

* **I think that rainy days in winter are \_\_\_.**

depressing
depressed

* **She's \_\_\_ of doing the same thing every day.**

boring
bored

* **I was so\_\_\_\_\_\_\_\_\_\_\_ to go on vacation.**

exciting
excited

* **The meals at Cheesecake Factory are \_\_\_.**

satisfied
satisfying

My first day Essay

I want you to describe your first day doing something challenging. You could write about your first day in the United States, your first day at school, your first day at university or high school or your first day at a new job.

How did you feel?

Where you excited, frightened or bored?

What was